

Te oranga e rikoriko ai Shining the Light on Gambling Harm

Wānanga ā ipurangi
Online Education and Support
Every Wednesday via Zoom
11:30am to 12:15pm



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Scan this QR code for
more information!



✓ gamblers ✓ whānau ✓ non gamblers ✓ students ✓ health professionals

A weekly Zoom session focussing on educating people about harm reduction/ reducing the risk of gambling harm, from a public health perspective, with clinical support for those who need it, and adding the clinical lens to harm reduction/risk management strategies.

This mana enhancing space is for those interested in learning more about the silent epidemic affecting Aotearoa/New Zealand and will follow the attendees' interests and questions to make the sessions as interactive and useful as possible. Education and support will be provided for anyone interested in reducing gambling harm either in their own lives, the lives of their loved ones and/or the community at large.

Open to anyone struggling with urges and cravings to gamble while also trying to manage the impact of COVID-19 lockdown; and those affected by or wanting to learn more about other people's gambling harm.

KIA KAHA, KIA MĀIA, KIA MANAWANUI
Be strong, be brave, be steadfast.



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